

Summer in The Alps

The Alps in summer remain one of the best kept secrets for nature lovers and families. With plenty to keep you busy, the more active person will find a great choice of exhilarating activities, whereas those in search of a more relaxing stay can discover the unspoilt environment, stunning scenery and glorious sunshine. The astounding beauty of the mountains is hard to beat with their dramatic skyline of rugged peaks, crystal clear mountain lakes and green meadows. What more could anyone ask for?



Activities

Some resorts offer up to 40 different activities for adults and children of all ages alike. There are plenty of alpine rivers and lakes, covering some 35,000 hectares, which provide an endless playground for those of you who love water.

Walking/hiking

Do you want to experience the mountains from a substantial height? The ski lifts take you higher up the mountain without wearing yourself out. There are many hiking trails with signposts to keep you on track. Be dazzled by the breath taking views with many opportunities to take photographs to impress your family and friends. The walks also offer many opportunities to rest your legs for a well-deserved break at a café selling delicious light lunches and cakes. With 2 national parks, 6 natural regional parks there are plenty to choose from.

White water rafting

Lakes Léman (Geneva), Annecy and Bourget are favourite spots for water sports. Rediscover your sense of adventure (and what it's like to be soaked to the skin!) with a white water rafting experience in an inflatable six to eight person raft. You'll start by being kitted out with all the equipment, before a full safety briefing and instruction in rafting techniques. Then an experienced guide will take you onto the water for a series of runs down the breathtaking twists, turns and drops of the rushing mountain rivers. It's an adrenaline-fuelled, exhilarating and unforgettable experience.



So what are you waiting for?