The Diary of a Red Blood Cell

Imagine you are a red blood cell! Every minute you go on the most amazing journey around the body, delivering oxygen to the organs.

You are now going to write a diary entry, talking about your journey around the circulatory system.

Date:

Dear Diary,

I have been on an amazing adventure!

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Questions to get you thinking:

The **heart** – mention your speed. Where were you going? Had you been there before?

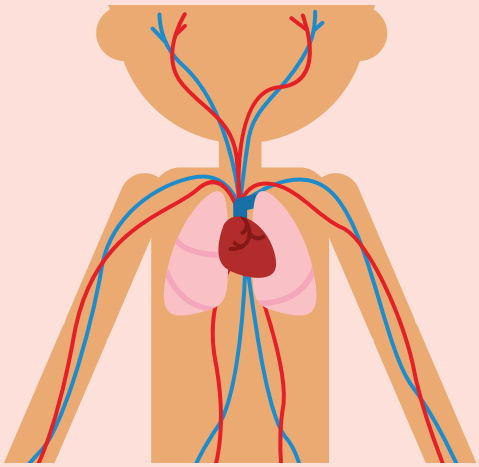
The **lungs** – What happens in the lungs? What do you collect? What do you leave behind?

The **rest of the body** – which organ wanted your 'help'? How did you 'help' it?

Arteries – How fast are you going?

Veins – How fast are you going?

Words to include:
blood, heart, lungs, veins, arteries, oxygen, carbon dioxide



Remember – write your diary entry in first person (use the word I! You are the red blood cell!)

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