Name: ..... .

No tech or better with tech?

For each of the activities below, discuss as a family: is this better when completed with tech or without tech? For example, would you rather ask a question you have to someone face-to-face, or a voice assistant like Alexa or Siri or Google?

Circle the symbol that best matches your verdict for each one. Different family members could use different colours pens and pencils to show their opinions.

	Better without tech	Better with tech	Undecided
Chatting to friends and family			
Playing games			
Learning and research			
Asking a question			
Getting help & support			
Saying sorry			
Shopping for clothes			

Reflection time

Overall, we prefer to do things... without tech / with tech / no clear winner

We all agreed that...

We really disagreed about...

The most interesting one to discuss was...

I changed my mind about...